

THE OFFICIAL CLUB BULLETIN OF THE ROTARY CLUB OF POLOMOLOK 101

The Club 101

Volume 2 | Issue 8 | Series of 2022 | February 2023

Polomolok 101
Rotary
Club



IMAGINE
ROTARY

**February
is Peace
and
Conflict Resolution
Month**



**ROTARY
HAS
HEART**



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RY 2022-2023



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Rotary International



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Membership/ DEI

Director



ESPIE MALIWAT

Public Image

Director



ROGELIO RALLOS, JR.

TRF Director



XAVIER BAYAN

Service Project

Director

R.I. PRESIDENT'S MESSAGE



Jennifer Jones

Recently, I spent time in the Nakivale refugee settlement in Uganda. As the "settlement" in its name suggests, the people living there are free to move around and integrate as best they can — one thing that makes the place unique.

I had a chance to play soccer with boys and girls from about a dozen nations and talk with women who had fled areas of conflict. It was a tapestry of human experience shared through both laughter and tears.

As I walked across a school campus at the settlement with a teacher, she shared with me the dire statistics on girls' education. Most don't get through grade school. Many are sold into child marriage to pay for food for their families. As I looked around at these young girls, I was gutted.

Our work with empowering girls and women is much more than creating equity — sometimes, it's about health or education. Other times it's about providing safety. Regardless of the path, it's always about basic human rights.

We can do more to empower girls and women, and we can expand how we share the progress Rotary members and our partners have made toward this goal.

There is no shortage of inspiring examples of our work, from interest-free microcredit loans for women in Nigeria, to projects in India that provide girls menstrual hygiene products. Hundreds of projects are taking place across all Rotary areas of focus and are making a meaningful and often lifesaving difference.

Together, we can address the needs and inequities that girls throughout the world face daily. But we must also monitor the impact of these projects and create awareness of Rotary resources and subject matter experts, including Rotary Action Groups, The Rotary Foundation Cadre of Technical Advisers, Rotary Peace Fellows, and others.

It is especially important that we tell the stories of our initiatives that have a positive impact on the lives of women and girls. This last point is near and dear to my heart. This means sharing our stories on social media, through local news outlets, in this magazine, and wherever we can inspire others.

As you do so, it's important to provide information that helps our Rotary family connect with others who are implementing activities in their regions, as well as across the world. Let's share our successes and learn from one another — then proudly tell our stories to a larger audience.

These are exciting times in Rotary, and the world is taking notice. As we work to empower women and girls to step into their full potential, we create new pathways for membership growth and greater collaboration with partners to create positive, lasting change. Thank you for your continued action in this vital effort.

Jennifer Jones
President, Rotary International



Evernie V. Alfeche
President

President's Page

February is Peace and Conflict Prevention/Resolution Month. Conflict and violence displaced more than 68 million people in the past year, and half of those are children, according to Rotary International information.

PEACE is the most significant asset to community building and to our personal growth. On an individual level, peace may start with having calmness within oneself. On club level, peace entails agreement and harmony among members. At its largest scale, peace is to live without violent conflict or war. This is one of the reasons Rotary projects provide training that fosters understanding and provides communities with the skills to help resolve these conflicts. Peace enriches our communities and individual lives. Through caring, generosity, and fairness we provide a cornerstone for attaining a sustainable, just, meaningful, vibrant, and fulfilling personal and community life.



Editor's Note



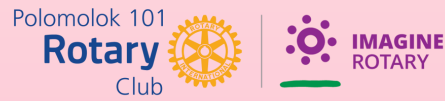
By May Urbano
Past Assistant Governor



February is Peace & Conflict Resolution Month

Rotary creates environments of peace. As a humanitarian organization, peace is a cornerstone of our mission. We believe when people work to create peace in their communities, that change can have a global effect. By carrying out service projects and supporting peace fellowships and scholarships, our members take action to address the underlying causes of conflict, including poverty, discrimination, ethnic/race tension, lack of access to education, and unequal distribution of resources. Our commitment to peacebuilding today answers new challenges: how we can make the greatest possible impact and how we can achieve our vision of lasting change. We are approaching the concept of peace with greater cohesion and inclusivity, broadening the scope of what we mean by peacebuilding, and finding more ways for people to get involved. Rotary creates environments where peace can happen.

Secretary's Report



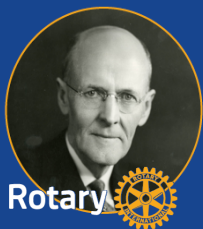
by Malou Teoxon
Club Secretary

Roster of Members for RY 2022-23

NAME			CLASSIFICATION
1) Acuesta, Maribel D.	"Bel"	*RFSM1 +2	Dental Services; Pediatrics
2) Alfeche, Evernie V.	"Tata"		Management; Transport Services
3) Alfeche, Nieven May V.	"Twinkle"	*PHF	Management; Cooperative
4) Balano, Gladys D.	"Glads"	RFSM+3	School Registrar; Private
5) Baldostamon, Leo	"Ducks"		Management; Restaurant Cafe
6) Bayan, Xavier J.	"Bobet"	PHF+2	Law; General Practice
7) Castaniaga, Lani A.	"Lani"	PHF	Management; Government Bank
8) Cruz, Rizaldy R.	"Zaldy"	PHF	Architecture; Building
9) Deypalan, Melani G.	"Mel"	RFSM+1	Dental Services; Orthodontics
10) Fernandez, Fanny M.	"Fan"	PHF	Insurance; Life & Non-Life
11) Gallinero, Omar S.	"Mar"	PHF+1	Management; Photography & Events
12) Gallinero, Charo Lyca B.	"Sweet"		Management; Nail Spa
13) Griño, Celema I.	"Cel"	RFSM+2	Dental Services; Hospital
14) Ines, Alan M.	"Lan"	PHF	Administration, Private School
15) Jandic, Darnie F.	"Bing"	PHF	Management; Spa
16) Maliwat, Esperanza C.	"Espie"	RFSM+1	Management; Real Estate Rentals
17) Pineda, Rona F.	"Ron"	RFSM	Management; Farm Resort
18) Publico, Troy M.	"Troy"		Financial Advisor
19) Rallos, Jade N.	"Jade"	PHF+1	Medical Technologist
20) Rallos, Rogelio Jr. A.	"Wang"	PHF+5	Management; Medical Supplies Distribution
21) Sabellano, Ivie L.	"Ivs"	PHF	Management; Commercial Bank
22) Teoxon, Marilou A.	"Malou"		Management; Travel & Tour
23) Tonguia, Tomas, Jr. S.	"Tom"		Management; Commercial Banking
24) Urbano, Mayvelyn G.	"May"	PHF+1	Management; Fastfood Restaurant

*PHF- Paul Harris Fellow

*RFSM- Rotary Foundation Sustaining Member





"Perhaps dreaming is not so bad if one dreams good dreams and makes them come true."

— Paul Harris,
My Road to Rotary



by Jade Rallos
Club Treasurer

Treasurer's Report



Club Dues Payment Chart 2022-23

Name	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	Bal
1. Maribel Acuesta D.	✓	✓											
2. Alfeche Evermie V.	✓	✓	✓	✓	✓	✓	✓	✓					
3. Alfeche Nieven May V.	✓												
4. Balano, Gladys D.	✓	✓	✓	✓	✓	✓	✓	✓	✓				
5. Baldostamon, Leo													
6. Bayan Xavier J.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
7. Castaniaga, Lani A.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
8. Cruz, Rizaldy R.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
9. Deypalan, Melani G.	✓	✓	✓	✓	✓								
10. Fernandez, Fanny M.	✓	✓	✓										
11. Gallinero, Omar S.	✓	✓	✓	✓	✓	✓							
12. Gallinero, Sweet B.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
12. Grino Celema I.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
13. Ines, Alan M.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
14. Jandic, Darnie F.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
15. Maliwat, Esperanza C.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
16. Pineda, Roda F.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
17. Publico, Troy	✓	✓											
17. Rallos, Jade N.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
21. Rallos Rogelio Jr. A.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
22. Sabellano, Ivie L.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
23. Teoxon, Marilou A.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		
25. Tonguia, Tomas Jr. S.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
26. Urbano, Mayvelyn G.	✓	✓	✓	✓	✓	✓	✓	✓					

Thank you for you club listing payment

- 1. Rtn. Jade Rallos
- 8. Rtn Tom
- 15. Rtn Troy
- 2. PP Wang Rallos
- 9. PAG May
- 16. PP Twinkle
- 3. Rtn Sweet
- 10. PP Melani
- 17. Rtn Rona
- 4. PP Gladys
- 11. Prexy Tata
- 18. PP Fanny
- 5. Rtn Malou
- 12. Rtn Ai Vee
- 19. Rtn Darnie
- 6. IPP Lani
- 13. PP Xavier
- 7. PP Espie
- 14. PP Bel

Rotary peace fellow creates Red Dot Foundation to fight street harassment and violence against women

By **Anne Ford**

ElsaMarie D'Silva of Mumbai began her career as a flight attendant, eventually rising to be a flight planner for one of India's largest airlines. Learning about the fatal 2012 gang rape of a young woman, a heinous crime that led to public outrage, led D'Silva to make a dramatic career switch.

D'Silva is the founder and CEO of the [Red Dot Foundation](#), which works with nongovernmental organizations in India and Kenya to address street harassment and violence against women. In addition to community education, the foundation empowers women to document catcalling, groping, and other incidents through an app called [Safecity](#). D'Silva was also a [Rotary Peace Fellow](#) at Chulalongkorn University in Bangkok.



ElsaMarie D'Silva

Q: Why did you choose to work in this area?

A: Sexual violence is a global pandemic. One in three women experiences it at least once, yet 80 percent of us choose not to make an official complaint. In India, there's a rape every 20 minutes. We have very strong legislation, but what is legislation if you're not going to use it? There's still fear of the police, of bringing shame to oneself and one's family.

Q: Was this kind of harassment something you witnessed yourself while growing up in India?

A: Yes, I've been groped on a bus, on the street, on a train. When I started this work, a friend of mine said, "Now I understand why you don't take the train in Mumbai." It was a connection I had not made myself. We don't know how much these incidents restrict our lives.

Q: Tell us about some ways that the Red Dot Foundation has empowered women.

A: We realized by looking at the Safecity app that there was a hot spot [of harassment] around a tea stall, which is a male-only space in India. Because it was on a busy road, where women passed by, men intimidated them with staring and commenting. When we asked the women what they wanted to change, they said, "We would like the staring to stop." In our culture, you don't confront a man directly. So we organized an art workshop for the women, and they painted a nearby wall to say, "Look with your heart, not with your eyes." And the staring stopped. It educated the community that this behavior was not appropriate.

Q: Do you think your efforts have led to any reduction in street harassment?

A: I don't think the harassment has decreased. What I can say is that the conversations have increased and that people are becoming more aware of their rights and are more willing to report. I would even say that you will hear more sad stories because people are talking about it more.

Q: What did you learn from your time as a Rotary Peace Fellow?

A: I learned that the work we are doing that we used to call "pre-emptive" is actually peacebuilding. We're trying to help people understand gender stereotypes that reinforce toxic masculinity on a daily basis, give them a safe space to discuss this and understand each other's point of view, and help them navigate these complex issues and be agents of change.

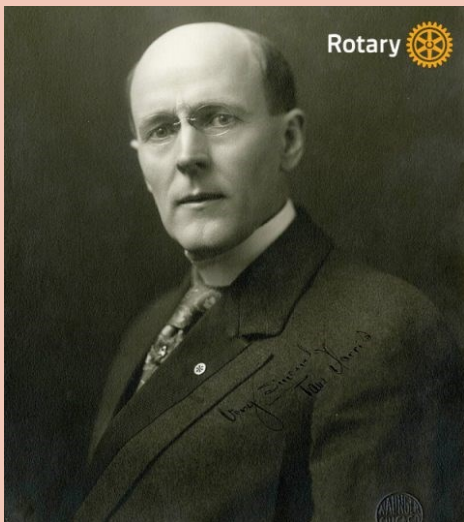
Rotary History



By: Gladys Balano
Past President

Rotary started with the vision of one man — Paul Harris. The Chicago attorney formed the Rotary Club of Chicago on 23 February 1905, so professionals with diverse backgrounds could exchange ideas and form meaningful, lifelong friendships. Over time, Rotary's reach and vision gradually extended to humanitarian service. Members have a long track record of addressing challenges in their communities and around the world.

Our ongoing commitment That commitment endures today through an organization that remains truly international. Only 16 years after being founded, Rotary had clubs on six continents. Our members now span the globe, working to solve some of our world's most challenging problems. We're not afraid to dream big and set bold goals. We began our fight against polio in 1979 with a project to immunize 6 million children in the Philippines. Today, polio remains endemic in only two countries — down from 125 in 1988.



"Whatever Rotary may mean to us, to the world it will be known by the results it achieves."- Paul Harris (Rotary founder)





Tips for Keeps

By: Dr. Mel Deypalan
Past President



The Journey is short

An elderly woman got on a bus and sat down. At the next stop, a strong, grumpy young woman climbed up and sat down sharply beside the old woman, hitting her with her numerous bags.

When she saw that the elderly woman remained silent, the young woman asked her why she had not complained when she hit her with her bags.

The elderly woman replied with a smile: "There is no need to be rude or discuss something so insignificant, as my trip next to you is so short because I am going to get off at the next stop."

This answer deserves to be written in gold letters: ***"There is no need to discuss something so insignificant, because our journey together is too short."***

Each of us must understand that our time in this world is so short, that darkening with struggles, useless arguments, jealousy, not forgiving others, discontent and an attitude of constant discovery is a ridiculous waste of time and energy.

Did someone break your heart? Stay calm.

The trip is too short.

Did someone betray you, intimidate, cheat or humiliate you? Relax. Excuse. The trip is too short.

Did someone insult you without reason? Stay calm. Ignore it. The trip is too short.

Did a neighbor comment on the chat that you didn't like? Stay calm. Ignore him. Forgive that. The trip is too short.

Whatever the problem someone has brought us, remember that our journey together is too short.

No one knows the length of that trip. Nobody knows when it will arrive at its stop. Our trip together is too short.

We will appreciate friends and family.

Let us be respectful, kind and forgive, we will be filled with gratitude and joy, after all our trip together is very short.



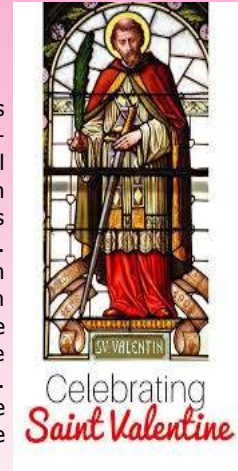


By **PP Espie C. Maliwat**
Public Image Director



History of St. Valentine

Who was Saint Valentine and how did he come to inspire Valentine's Day? In the early martyrologies, three different St. Valentines are mentioned, all sharing Feb. 14 for a feast day. Unfortunately, the historical record is sparse. The first St. Valentine was a priest and physician in Rome. He along with St. Marius and his family comforted the martyrs during the persecution of Emperor Claudius II, the Goth. Eventually, St. Valentine was also arrested, condemned to death for his faith, beaten with clubs, and finally beheaded on Feb. 14, AD 270. He was buried on the Flaminian Way. Later, Pope Julius I (333-356) built a basilica at the site which preserved St. Valentine's tomb. Archeological digs in the 1500s and 1800s have found evidence of the tomb of St. Valentine. However, in the thirteenth century, his relics were transferred to the Church of Saint Praxedes near the Basilica of St. Mary Major, where they remain today.



Also, a small church was built near the Flaminian Gate of Rome which is now known as the Porta del Popolo but was called in the 12th century, "the Gate of St. Valentine," as noted by the early British historian William Somerset (also known as William of Malmesbury, d. 1143), who ranks after St. Bede in authority. The second St. Valentine was the Bishop of Interamna (now Terni, located about 60 miles from Rome). Under the orders of Prefect Placidus, he, too, was arrested, scourged, and decapitated, again suffering persecution during the time of Emperor Claudius II. The third St. Valentine suffered martyrdom in Africa with several companions. However, nothing further is known about this saint. In all, these men, each named St. Valentine showed heroic love for the Lord and His Church. The popular customs of showing love and affection on St. Valentine's Day is almost a coincidence with the feast day of the saint: During the Medieval Age, a common belief in England and France was that birds began to pair on Feb. 14, "half-way through the second month of the year." Chaucer wrote in his "Parliament of Fowles" (in Old English): "For this was on Seynt Valentyne's day, When every foul cometh ther to choose his mate." For this reason, the day was dedicated to "lovers" and prompted the sending of letters, gifts, or other signs of affection. Another literary example of St. Valentine's Day remembrances is found in Dame Elizabeth Brews "Paston Letters" (1477), where she writes to the suitor, John Paston, of her daughter, Margery: "And, cousin mine, upon Monday is St. Valentine's day and every bird chooseth himself a mate, and if it like you to come on Thursday night, and make provision that you may abide till then, I trust to God that ye shall speak to my husband and I shall pray that we may bring the matter to a conclusion." In turn, Margery wrote to John: "Unto my right well beloved Valentine John Paston, Squyer, be this bill delivered. Right reverend and worshipful and my right well beloved Valentine, I recommend me unto you, full heartily desiring to hear of your welfare, which I beseech Almighty God long for to preserve until His pleasure and your heart's desire." While speaking of the amorous flavor of Valentine's Day, no mention is made of the saint. While it seems that the exchange of "valentines" is more the result of secular custom rather than the memory of St. Valentine, and that the celebration has been further paganized with cupids and the like, there is a Christian message that should be remembered. The love of our Lord, depicted beautifully in the image of His most Sacred Heart, is a sacrificial, self-less, and unconditional love. Such is the love that each Christian is called to express in his own life, for God and neighbor. Clearly, St. Valentine, no matter which one, showed such a love, bearing witness to the faith in his dedication as a priest and in the offering of his own life in martyrdom. On this Valentine's day, looking to the example of this great saint, each person should offer again his love to the Lord, for only by doing so can he properly love those who are entrusted to his care and any other neighbor. Each person should again pledge his love to those loved ones, praying for their intentions, promising fidelity to them, and thanking them for their love in return. Never forget Jesus said, "This is my commandment: love one another as I have loved you. There is no greater love than this: to lay down one's life for one's friends" (Jn 15:12-13). St. Valentine fulfilled this command, and may we do the same.



Source: catholiceducation.org



By: PP WANG RALLOS
TRF DIRECTOR

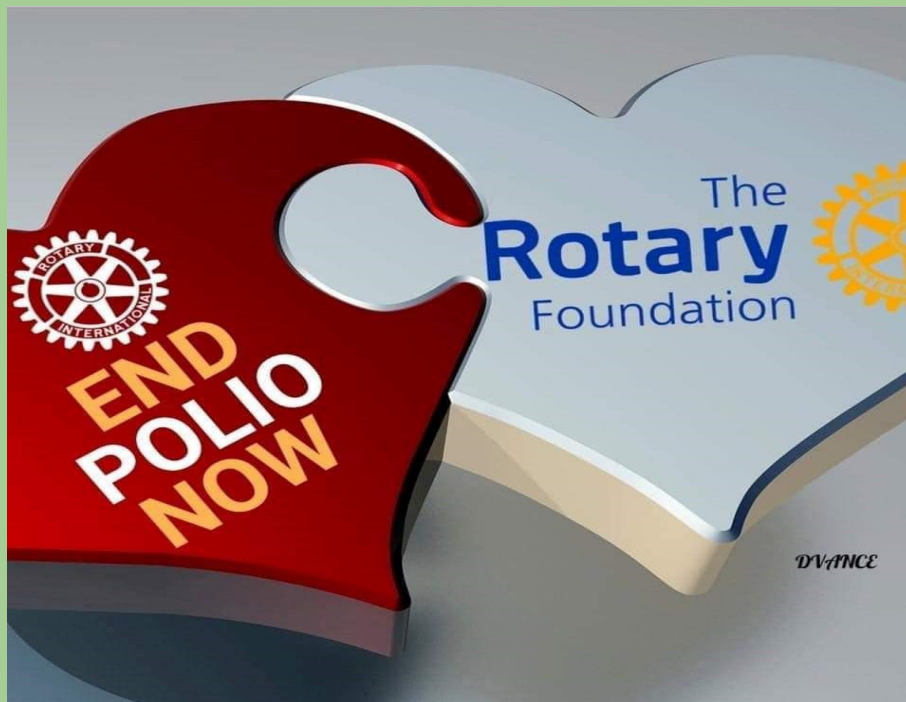
End Polio Updates



For polio eradication efforts, 2022 brought good news. Fewer genetic strains of the virus are circulating than ever before. Afghanistan and Pakistan are the only two countries where polio remains endemic. And support from political, medical, and community leaders in those areas has strengthened vaccination efforts during the past year. Global support for polio eradication also reached new heights, as was proven at the World Health Summit in October, when Rotary and international partners and donors pledged a combined US\$2.6 billion to eradicate the disease.

There were challenges in 2022 as well. The poliovirus appeared in places it hasn't been for a long time: Israel, the United Kingdom, and the United States, to name a few. Wild poliovirus cases were reported in Mozambique, related to the 2021 case in Malawi caused by wild poliovirus imported from Pakistan. News of these cases didn't slow our eradication efforts, however. If anything, it made us even more determined. Now is our best chance to finish the fight against polio.

In 2023, we need everyone's help. We invite you to use the call to action "Together, we end polio" to express our collective will to finish the job. Explore the shareable images, ads, and other materials on Rotary's Brand Center, and check again throughout the year, because we'll add even more content. Let's work together to end this disease forever.



Simple Principles to Build Peace in our Community



The

ALAN M. INES
Past Assistant Governor

If you switch on the TV news, open the newspaper or click onto a popular news website, there's always news about a terrorist attack, war, ongoing conflict and a general lack of peace amongst different groups of people. In an increasingly globalized world, we should understand each other better, stand ever more united and strive for peace. Sadly, the truth is quite the opposite. There's conflict in all over the world infact... As individuals and citizens, how do we deal with this? How does this relate to us? How can we make positive changes to enable us to live in peace? If we build strong united communities, we can fight hate crime and take a stand against divisive politics. If we fight toxic narratives, common misconceptions and negative stereotypes, the media and toxic politicians lose their power to drive communities apart, and divide people. Ultimately, that's where conflict starts and that's what war is – a lack of peace, tolerance, understanding, compassion and ability to live alongside others...

good old Golden Rule says it all: empathy, tolerance and peace. This principle teaches you to love yourself and love others. It spans cultures and faiths and is a universal age old concept which can't fail.

Change cannot happen and peace cannot be established if people are unable to communicate with others; to listen to their experiences and views and show empathy, understanding and compassion.

Violence is never the answer. Peace can only be brought through free will, dialogue, empathy and forgiveness. Do not stoop to same level as someone who is violent and therefore continue the vicious cycle.

You can't move on if you're stuck in the past. Learn lessons but also learn to move forward for the greater good. Forgiveness doesn't mean you agree with everything, it means you're able to move on without grudges and resentment. Only in this way can communities heal and move forward together.



"Sagip-Ngipin & Germ Buster" Project

By: Dr. Bel D. Acuesta
Past President



"An ounce of prevention is better than a pound of cure"

Celebrating the 118th Foundation Anniversary of Rotary and 19th National Dental Health Month with the theme: "Ngiting Protektado, Ngiting Panalo".

The Rotary Club of Polomolok 101 headed by its President Evernie Venus Alfeche collaborated with its partners in Service Mt. Matutum Christian School led by the principal Ma'am Rose Nocete Ampong, Philippine Dental Association-General Santos City Chapter and LGU MHO Polomolok headed by its president Dr. Ging Nuñeza-Limjap, NDHM Chair Dr Jovencia Flores represented by Polomolok dentists Dr. Tess Octavio Cordero, Dr. Anna Grino, Dr. Eva Gupiteo Torcuator, Dr. Rufano, Past President Dr. Melani Goopio Deypalan and myself as the school dentist.

Preventive Oral Education lectures were conducted separately for the Early Childhood and Grades 1-10. Immediately followed by distribution of toothbrushes and Tooth Brush drill. Handwashing Drill was also done. The activity was capped by a free fluoridization. A total of three hundred ten students benefited from this project.



SpOrTsFest '23



By: Malou A. Teoxon
President-Elect



In celebration of 118th Foundation Anniversary of Rotary International, Rotary Clubs under Area 3FGH of District 3860 conducted a SPORTS FEST WITH THE THEME " STRONGER TOGETHER" last February 26,2023 held at Holy Trinity College Trinidad Complex General Santos City. The activity aims to foster friendship , camaraderie and closer ties among the 12 clubs in the area. The clubs were divided into four teams- The GOLD Team consist of RC Midtown, RC General Santos and RC Tuna Port. BLUE Team- RC Koronadal Central, RC Central Polomolok, and RC Metro Koronadal. PURPLE Team- RC Dadiangas, RC Metro Dadiangas and RC Greater GenSan and the GREEN Team- RC Koronadal, RC Marbel and RC Polomolok 101. This is a one day activity where in the team competes to outdo each other in the following sports activities; Mixed Volleyball, Basketball, Tug of war, sack race, message relay, pinoy henyo and was given the chance to show case their talents in the cheering competition. It was well participated by the different club members along with their very energetic rotaractors. Everyone was up to the challenge and give their best shot to all the activities but it was the green team who immerge to be victorious and declared as the overall champion.



Rotary Celebrates 118th Anniversary

By: PP Espie Maliwat

February 23, 2023 marks the 118th anniversary of the world’s first Rotary meeting. On that date in 1905, four individuals, each of a different background and different vocation met for dinner in the spirit of friendship and fellowship.

No one knows exactly what went on at that meeting, but within 2 years, Rotary began to change the world by becoming the world’s first service club.

Today there are between 1.2 million and 1.3 million Rotarians, organized into more than 35,000 clubs covering 6 continents and most of the world’s countries. It is almost unbelievable how much Rotary has accomplished in the last 115 years in Rotary’s 6 areas of focus – promoting peace, fighting disease, providing clean water, child and maternal health, education, and local economic development. It is equally unbelievable how much further there is go.

In respect to the original four members, it is possible that Margaret Mead’s famous quote applies more to them than anyone: “Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it’s the only thing that ever has.”
CTTO.

FEBRUARY 23RD

115 ANNIVERSARY

“The foundation upon which Rotary is built is friendship; on no less firm foundation could it have stood”
Paul P. Harris (Founder of Rotary)

ROTARY INTERNATIONAL ANNIVERSARY

Rotary **TAKE ACTION:**
Celebrate Rotary, Be a People of Action



118

YEARS OF ROTARY
February 23, 2023

A birthday celebration happens once a year, but your Birthday Gift to The Rotary Foundation will make a difference for a lifetime. This birthday celebration is an opportunity for all Rotarians to make a Big Impact with a Gift of any amount to the Annual Fund and PolioPlus Fund. Please join us in giving the together we can continue Doing Good in the World. Your Gift will be in any of the following:

- \$10 Gift to the PolioPlus Fund
- \$25 Gift to the Annual Fund
- \$100 Gift to the PolioPlus Fund from PolioPlus Society Members
- \$100 Gift to the Annual Fund as TRF Sustaining Member
- \$1,000 gift to the Annual Fund as a Paul Harris Fellow
- \$1,500 gift to the polio fund from the Rotary Club

Rotary **END POLIO NOW**

Meetings



Feb 2- Papa Joe's Resto



Feb 6- PE Malou's Residence



Feb 16- Lantana Pyramid



Fellowships

Gov. Lilu's visit @ Papa Joe's
Feb. 2, 2023



Pre PE & SE Training Seminar with DGE Twinkle & IAG Jun
Feb. 2, 2023

Fellowships



Rtn. Sweet's Birthday Celebration

PE Malou's
Birthday Celebration



Rotakids Mirko & Thea's
Birthday Celebration

DTT / PET / SET SEMINAR '23



SPORTSFEST

February 26, 2023



Polomolok 101
Rotary
Club



HALL OF PAST PRESIDENTS



**CP Omar Galinero,
PHF+1**

ROTARY



**PP Espie Maliwat,
RFSM+2**

ROTARY



PAG Alan Ines, PHF

ROTARY



**PP Rogelio Rallos,
PHF+5**

ROTARY



**PP Maribel Acuesta,
RFSM+2**

ROTARY



**PP Xavier Bayan,
PHF +2**

ROTARY



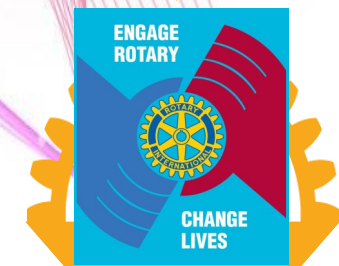
**PP Rey
Trasporto**

ROTARY



**PP Grace Salazar,
RFSM**

ROTARY



**PP Benhur
Dapanas**

ROTARY



**PP Rex
Machan**

ROTARY



**PP Celema Griño,
RFSM+2**

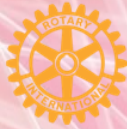
ROTARY



**PAG Mayvelyn
Urbano, PHF+1**

ROTARY

Polomolok 101
Rotary
Club



HALL OF PAST PRESIDENTS



**PP Gladys Balano,
RFSM+3**

ROTARY



**PP Melani Deypalan,
RFSM**

ROTARY



**PP Fanny Fernandez,
PHF**

ROTARY
YEAR



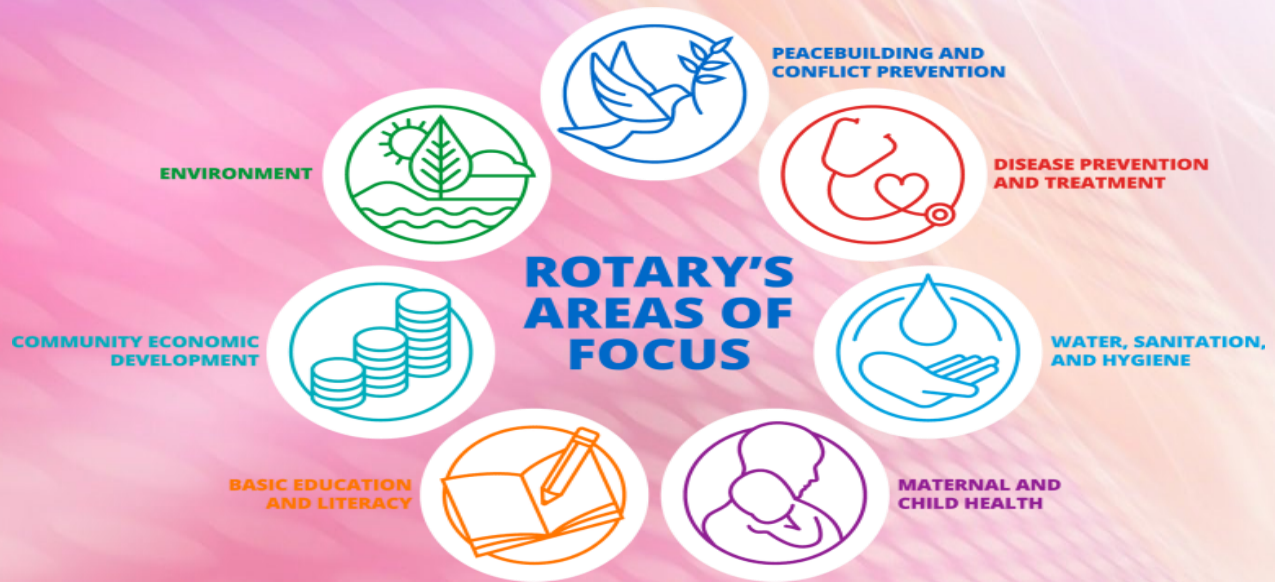
**PP Nieven May
Alfeche, PHF**

ROTARY



**IPP LANI CASTANIAGA,
PHF**

ROTARY



Polomolok 101
Rotary
Club



IMAGINE
ROTARY

The Club 101 Calendar of Activities



July

New
Leader-
ship



August

Member-
ship &
New Club



September

Basic
Education
and Litera-
cy Month



October

Economic and
Community
Development
Month



October 24

November

Rotary Founda-
tion Month

November 1-7

World Interact
Week

November 26-
27



December

Disease
Prevention
and
Treatment



Month

January

Voca-
tional
Service



Month

February

Peace building
and conflict
Prevention



February 23

March

Water,
Sanitation &
Hygiene

Month
March 14-18



April

Maternal
and Child
Health
Month



May

Youth
Service
Month



June

Rotary Fellowship
Month



Paul Harris Quotes

Rotary changes us and
those we serve.

I believe we can change
the world, one life at a
time.

Polomolok 101
Rotary
Club



Rotary Year 2022-2023

rawpixel

Words to live by...



“You never really know the true impact you have on those around you. You never know how much someone needed that smile you gave them. You never know how much your kindness turned someone’s life around. You never know how much someone needed that long hug or deep talk. So don’t wait to be kind. Don’t wait for someone else to be kind first. Don’t wait for better circumstances or for someone to change. Just be kind, because you never know how much someone needs it.”

- Rtn. DARNIE F. JANDIC



Important Events to Remember






APRIL 21-22 | Henann Resort Alona Convention Center
 PANGLAO ISLAND, BOHOL, PHILIPPINES

Registration Fee:
 Rotarian P4,500 | Rotaractor P3,500
 Spouse/Non-Rotarian P3,500
 Last day of Registration: APRIL 14, 2023

Hosted by:
 


Co-hosted by:
 






MAY 4 - 6, 2023 | WATERFRONT CEBU CITY HOTEL

Save the Date



**IMAGINE
 WHAT'S
 NEXT**

MELBOURNE, AUSTRALIA
 27-31 MAY 2023
 #Rotary23






History of the Rotary Club of Polomolok 101

The Rotary Club of Polomolok 101 was officially chartered as a legitimate club by Rotary International, through the efforts of its mother club – the Rotary Club of Midtown Gensan -on August 31, 2005. As early as February 2003, there were already numerous attempts to organize a Rotary club in the municipality of Polomolok, but it was only in January 2005 when persistence finally paid off. With the blessing of RC Midtown Gensan, Omar Gallinero became the new club’s Charter President, leading 25 other charter members with various classifications. Rotary Club of Polomolok 101 was formed under the leadership of Len Magno as then the District Governor of 3860.

The club’s name is suffixed with the number 101 for two significant reasons: one, the club was founded on Rotary International’s 101st foundation anniversary; and the club was the 101st club to be chartered under District 3860.

The Rotary Club of Polomolok 101 was registered under District 3860, Area 3F with Club Number 70517 . To date, the Club runs on man-strength of twenty five(25) committed individuals.

Mission Statement

The mission of Rotary International is to provide service to others, promote integrity, and advance world understanding, goodwill, and peace through its fellowship of business, professional, and community leaders.

Vision Statement

“Together, we see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.”

FEBRUARY IS

PEACE AND CONFLICT PREVENTION/RESOLUTION MONTH

“Example, good or bad, is contagious....If we set a good example, seeing us, others may do likewise. All of us have more influence than we sometimes suppose.”
Past RI President 1966-67 Richard L. Evans

Rotary

TAKE ACTION: Get Involved, Be a People of Action

The Rotary Foundation

WE'RE DEDICATED TO DOING GOOD TOGETHER--TO SERVICE ABOVE SELF. WHEN YOU GIVE TO THE ROTARY FOUNDATION, WE CAN FUND PROJECTS IN COMMUNITIES THAT NEED OUR HELP THE MOST. PROJECTS THAT:

- HELP REFUGEES
- PROVIDE CLEAN WATER
- GROWN LOCAL ECONOMIES
- PREVENT AND TREAT DISEASE

EVERY DAY, OUR MEMBERS RESPOND TO CHALLENGES BIG AND SMALL, EMERGING AND ONGOING. LET'S CONTINUE DOING GOOD TOGETHER.

DEDICATED TO
Doing Good Together

Polomolok 101
Rotary Club

IMAGINE ROTARY

DONATE TODAY:
[HTTPS://ON.ROTARY.ORG/3YOFHCA](https://on.rotary.org/3YOFHCA)



Polomolok 101
Rotary
Club



20th General Membership Meeting
& Fellowship Night
Lantana Pyramid /13th February 2023

PROGRAM

CALL TO ORDER.
INVOCATION.
NATIONAL ANTHEM.
THE OBJECT OF ROTARY.
INTRODUCTION OF GUESTS.
CHARGING OF THE NEW PRESIDENT.
CBL. REVIEW 101
PRESIDENT'S TIME.
OPEN FORUM
ADJOURNMENT.

PREXY TATA ALFECHÉ
RTN TROY PUBLICO
PP FANNY FERNANDEZ
PP TWINKLE ALFECHÉ
PE MALOU TEOXON
PP WANG RALLOS
PAG ALAN INES
PREXY TATA ALFECHÉ

PREXY TATA ALFECHÉ

invocation

Almighty Father, we invoke a blessing upon this occasion of Rotary Meeting & fellowship. Make us aware of the deeper significance of our meeting as we develop our friendships as the source of Rotary service. Service that radiates from this community to the wider community beyond. May each of us in our daily routine come to know the joy of caring and sharing with others not as fortunate as we are. Help us to serve humbly and willingly as we focus on the needs of our community. Thank you for our gifts and help us to use them wisely. Amen.



OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- FIRST:**
The development of acquaintance as an opportunity for service;
- SECOND:**
High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- THIRD:**
The application of the ideal of service in each Rotarian's personal, business, and community life;
- FOURTH:**
The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.



The Four Way Test

of the things we think, say and do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

The Rotary Hymn

by George Canseco

I. I want to be a Rotarian for the world,
Make the Rotary flag be a flag of peace unfurled;
I shall serve my community,
Help achieve universal unity
Through Rotary, I shall dedicate my all,
World understanding shall be my cherished goal.

Chorus:

With the Four Way Test
I will pursue my quest
And if I, in a way help obtain
Peace in the world
We shall not have lived in vain.

II. I observe service above self,
Lend a hand to all who need my help;
I'll get my spouse to involve in Rotary
And in Rotary ways I will train my family.

(Back to Chorus)

III. Build a bridge for tomorrow's youth,
Strengthened by nothing but the truth;
Let's join our hands, there's no reason we'll divide.
We shall all understand, while the good Lord is our guide.

(Back to Chorus)

IV. Peace be achieved,
We shall not have lived in vain.



Sunshine Greetings!

Happy Birthday!!!

Feb 9- PE Malou

Feb 16- Rotakid Mirko

Feb 18- Rotakid Thea

Feb 25- Rtn Darnie



HAPPY ANNIVERSARY!

PAG ALAN & SPS. ANGIE



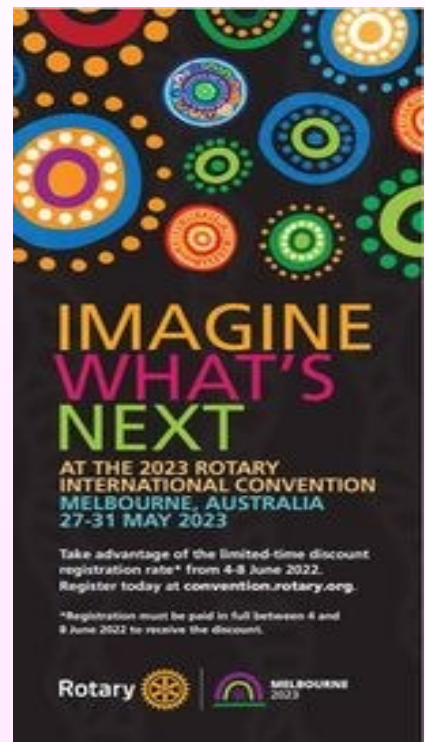
Feb. 10



This is to certify that Rtn.

attended the meeting on

President



Our Sponsors



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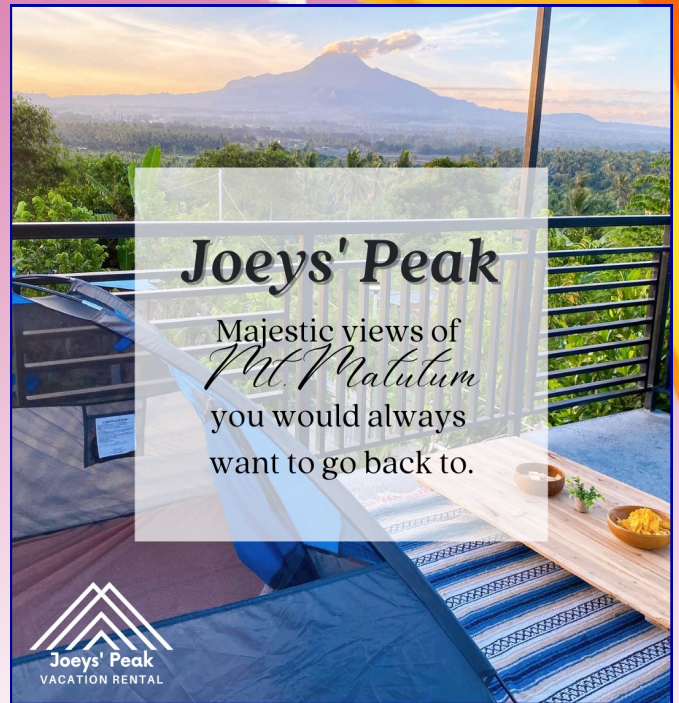
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 Sarangani Province

low-key abode to relax in, sitting along the blacksand beach away from the hustles and bustles of city life.

<https://www.facebook.com/baantessaro>



Joeys' Peak
 Majestic views of *Mt. Matutum* you would always want to go back to.

Joeys' Peak
 VACATION RENTAL



GOLDEN RANCH FARM



Theresa's TAVERN
 EST 2021



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Enrollment is now going on
Join & Study with us... Enroll in School Year 2021 - 2022

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EVENT SPACES BY MAMAY

THE BACKYARD
THE BARN
THE BOARDROOM
MAMAY'S



Mirko Polo Farm



DEVPALAN
DENTAL CLINIC



RED PROJECT
PHOTOGRAPHY